FreeStyle Libre 3

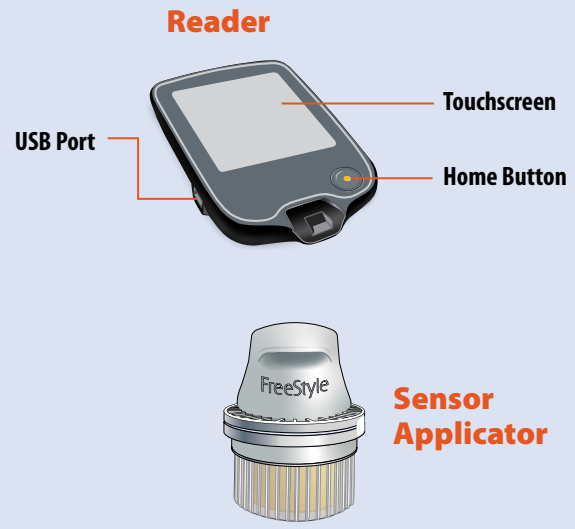
CONTINUOUS GLUCOSE MONITORING SYSTEM

Quick Start Guide for FreeStyle Libre 3 Reader

Abbott

Setup Overview

Refer to your User's Manual for full System instructions and information.



1. **Apply Sensor to the back of your upper arm**
2. **Start new Sensor with Reader**

Wait 60 minutes for start-up

3. **After the start-up period, you can use the Reader to check your glucose**

1 Apply Sensor to the back of your upper arm

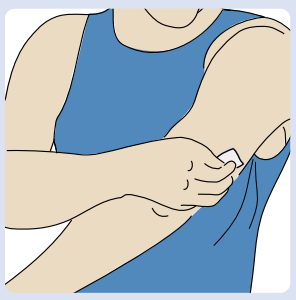
Get Ready

STEP 1

Select site on back of upper arm. Do not use other sites as these are not approved and may result in inaccurate glucose readings.

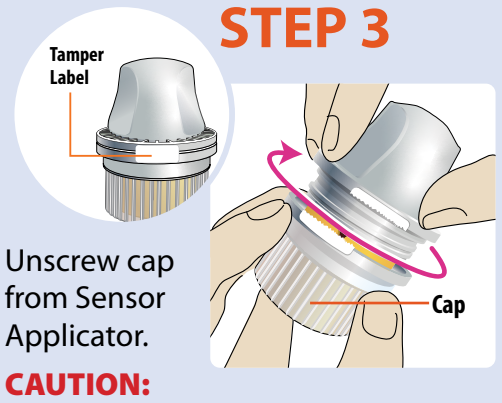
Note: Avoid scars, moles, stretch marks, lumps, and insulin injection sites. To prevent skin irritation, rotate sites between applications.

STEP 2



Wash site using a plain soap, dry, and then clean with alcohol wipe. Allow site to air dry before proceeding.

STEP 3



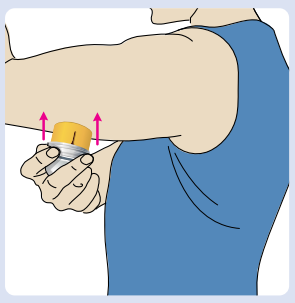
Unscrew cap from Sensor Applicator.

CAUTION:

- Do NOT use if damaged or if tamper label indicates Sensor Applicator has already been opened.
- Do NOT put cap back on as it may damage the Sensor.
- Do NOT touch inside Sensor Applicator as it contains a needle.

Apply Sensor

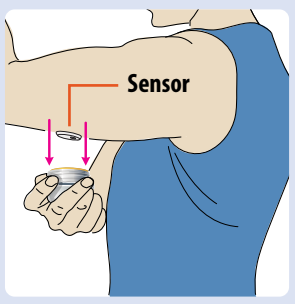
STEP 4



Place Sensor Applicator over site and push down firmly to apply Sensor.

CAUTION: Do not push down on Sensor Applicator until placed over prepared site to prevent unintended results or injury.

STEP 5



Gently pull Sensor Applicator away from your body.

STEP 6

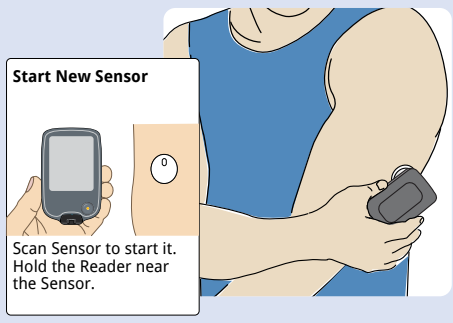
Make sure Sensor is secure. Put the cap back on the Sensor Applicator. Discard used Sensor Applicator according to local regulations.

2 Start new Sensor with Reader

STEP 1

Press Home Button to turn on Reader. If using Reader for the first time, follow the prompts to set up the Reader. Then touch **Start New Sensor** when you see this screen.

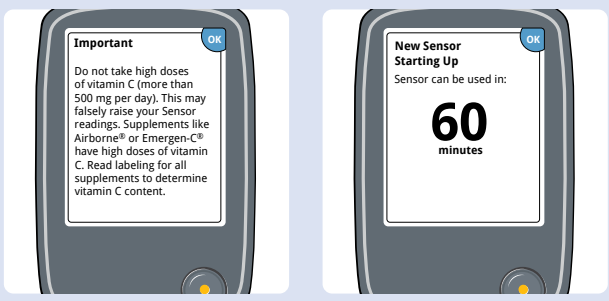
STEP 2



Hold the Reader near the Sensor to start it. You may need to move your Reader around slowly until you find the right spot.

Note: Before you start your Sensor, choose which device you want to use. If you start the Sensor with the Reader, you will be unable to use the App to check your glucose or receive alarms.

STEP 3

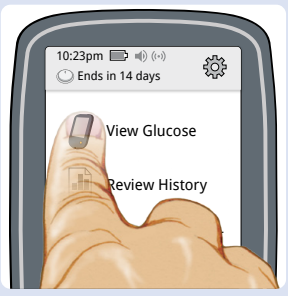

Important
Do not take high doses of vitamin C (more than 500 mg per day). This may falsely raise your Sensor readings. Supplements like Airborne® or Emergen-C® have high doses of vitamin C. Read labeling for all supplements to determine vitamin C content.
OK
New Sensor Starting Up
Sensor can be used in:
60
minutes
OK

Review the important information on the screen.

Reader will automatically display your glucose reading after 60 minutes.

3 Check your glucose

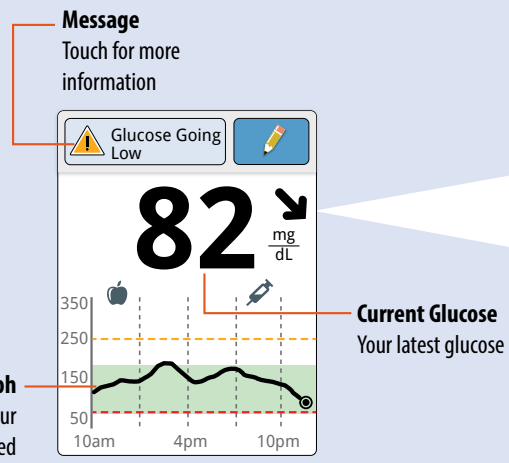
STEP 1



Press Home Button to turn on Reader and touch **View Glucose** from Home Screen.

Note: Reader automatically gets glucose readings when it is within 33 feet of your Sensor.

STEP 2



Glucose Trend Arrow
Direction your glucose is going

Arrow	What it means
↑	Glucose rising quickly
↗	Glucose rising
→	Glucose changing slowly
↘	Glucose falling
↓	Glucose falling quickly

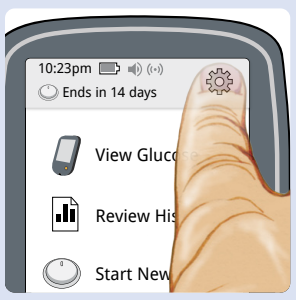
Reader shows your glucose reading. This includes your Current Glucose, Glucose Trend Arrow, and Glucose Graph.

Setting Alarms

The Sensor automatically communicates with the Reader and can give you glucose alarms. Alarms are on by default. To change their settings or turn alarms off, follow these steps.

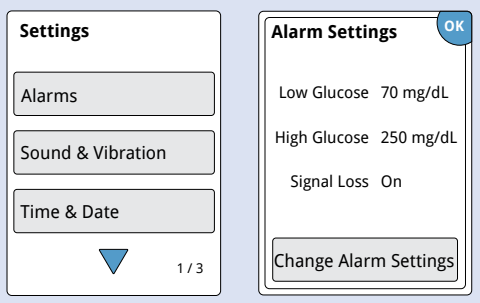
IMPORTANT: Glucose alarms are an important safety feature. Please consult your health care professional before making changes.

STEP 1



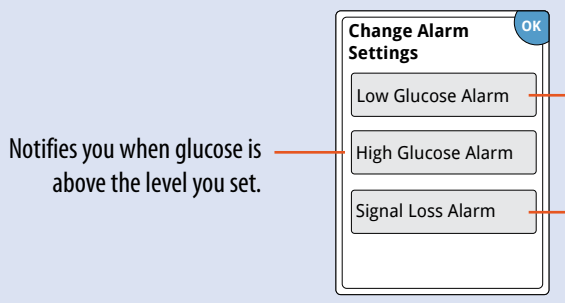
Press Home Button to go to Home Screen. Touch ⚙.

STEP 2



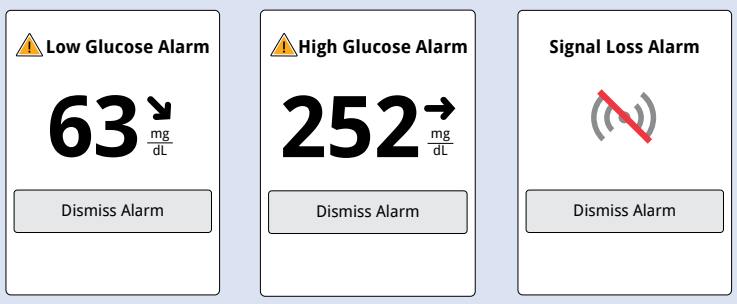
Touch **Alarms** and then touch **Change Alarm Settings**.

STEP 3

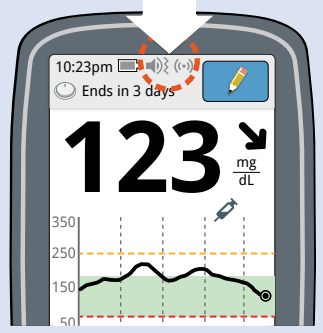

Change Alarm Settings
OK
Low Glucose Alarm
High Glucose Alarm
Signal Loss Alarm
Notifies you when glucose is below the level you set.
Notifies you when glucose is above the level you set.
Notifies you when Sensor is not communicating with Reader and that you are not getting Low or High Glucose Alarms.

Select and set your alarms. Touch **done** to save.

Using Alarms



Touch **Dismiss Alarm** or press the Home Button to dismiss the alarm.



Sound/vibration and signal status display on the Home Screen and some results screens.

Symbol	What it means
	Sound and Vibration **ON**
	Sound and Vibration **OFF**
	Sensor communicating with Reader
	Sensor not communicating with Reader

Refer to User's Manual for additional symbols.

If you have followed the instructions described in the User's Manual and are still having difficulty setting up your System or if you are not sure about a message or reading, contact your health care professional.

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Consult instructions for use

Manufacturer
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Abbott